

CURRICULUM VITAE
Faith O. Nomamiukor, PhD
Sam Houston State University
Department of Psychology and Philosophy
College of Humanities & Social Sciences
Huntsville, Texas 77341
Email: Faith.Nomamiukor@SHSU.edu

EDUCATIONAL HISTORY

Internship in Psychology Department of Veteran Affairs- Boston Healthcare System Department of Psychiatry, Harvard Medical School, Boston, MA Department of Psychiatry, Boston University School of Medicine APA accredited program Boston, MA	2023 -2024
Doctor of Philosophy, Clinical Psychology University of North Carolina-Greensboro APA accredited program: Clinical Psychology Greensboro, NC	2018-2024
Bachelor of Science University of Houston Major: Psychology Minor: African American Studies Magna Cum Laude Houston, TX	2014-2018

ACADEMIC/PROFESSIONAL POSITIONS

Assistant Professor Sam Houston State University Department of Psychology and Philosophy APA accredited program Huntsville, TX	2025 -Present
Director, RECLAIM Lab <i>Resilience, Empowerment, Culture, Liberation from Adversity and Identity-Based Stress, and Mental Wellness (RECLAIM) Lab</i> Department of Psychology and Philosophy Sam Houston State University Huntsville, TX Reclaimlab.org	2025-Present
NIMH T32 Postdoctoral Research Fellow Traumatic Stress Disorder Research National Center for PTSD, VA Boston Healthcare System Department of Psychiatry, Boston University School of Medicine Boston, MA	2024-2025

ACADEMIC HONORS AND AWARDS

Next Generation Graduate Research Fellowship (\$24,000) University of North Carolina at Greensboro This competitive fellowship is awarded to select graduate students at UNC Greensboro to support their research	2022
Graduate Student Association's Professional Development Award (\$1000 total) University of North Carolina at Greensboro This award was provided to support travel to academic research conferences	2021, 2023
Outstanding Leadership and Dedication as Student Section Chair (Plaque) International Society for Traumatic Stress Studies	2023
UNC Campus Scholarship University of North Carolina at Greensboro	2022
Next Gen Clin (NGC) Scholarship University of North Carolina-Greensboro Full academic year stipend awarded to provide mental health services to rural communities	2022
Graduate Scholar Award (\$9000) University of North Carolina-Greensboro	2018-2021
Student of The Month (August) International Society for Traumatic Stress Studies	2020
Arête Honors College Service Award University of Houston Awarded in recognition of community service, including co-founding a university organization to raise awareness and promote volunteer engagement around human trafficking prevention in the Houston area	2018
Audience Favorite Poster Award University of Houston Awarded during a university undergraduate research conference	2017
Undergraduate Research Travel Award (\$800) University of Houston	2017
Summer Undergraduate Research Fellowship Award (\$3500) University of Houston Award provided to support undergraduate summer research	2017
Provost Undergraduate Research Scholarship (\$1000) University of Houston Award provided to support undergraduate research	2017
Callicutt Research Scholarship (\$2500) University of Houston Award provided to support undergraduate senior honors thesis research	2017

GRANTS

Developing a Measure of Social Reactions to Sexual Assault Disclosure Among Male Survivors

Sam Houston State University

ORSP Internal Grants program: Research and Development Award

Amount Awarded: \$11,908.33

Role: *Principal Investigator*, 2026-2027

Discovering Best Practices to Promote Trauma Recovery for Black Adults in Mental Health Care Settings

Robert Wood Johnson Foundation: Health Equity Scholars for Action

Requested Amount: \$240,000

Status: Invited full proposal (LOI selected); not funded.

Role: *Principal Investigator*, 2026-2028

Postdoctoral Training in Posttraumatic Stress Disorders

National Institute of Mental Health T32

National Research Service Award (T32MH019836).

Role: *Fellow*, 2024-2025

Principal Investigator: Denise Sloan, PhD

Feasibility of Remote-Delivery Interventions: Tai Chi and Wellness for PTSD and Pain in Veterans

National Center for Complementary and Integrative Health

NIH Project Award Number: R34AT011547.

Role: *Study Therapist*, 2024

Principal Investigator: Barbara Niles, PhD

PEER REVIEWED PUBLICATIONS

**Indicates mentored student or postbaccalaureate/postmaster's trainee*

1. Barden, E.P., Zegel, M., Dunham, J. **Nomamiukor, F.**, Thompson-Hollands, J. (in press). Couples' conflict among veterans seeking PTSD treatment. *Military Psychology*.
2. **Nomamiukor, F. O.**, *Alkalay, M., *Kopitsky, M., Collazo, E. N., Huff, A. G., Taft, C. T. (in press) Do longer intimate partner violence interventions improve outcomes? A meta-analytic study. *Psychology of Violence*
3. **Nomamiukor, F. O.**, Woller, S. J., & Vujanovic, A. A. (2026). Exercise and eating habits among men exposed to sexual trauma: The role of self-blame. *Traumatology*. Advance online publication. <https://doi.org/10.1037/trm0000659>
4. **Nomamiukor, F. O.**, Collazo, E. N., Harper, K. L., Neilson, E. C., Ellis, A. E., Simiola, V. L., Cook, J. M., & Livingston, N. A. (2025). How masculinity and treatment impact posttraumatic stress disorder recovery in sexual minority men with sexual trauma: Findings from a randomized clinical trial. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000894>
5. Alkalay, M. J., Flack, W. F., **Nomamiukor, F. O.**, & Taft, C. T. (2025). College Students' Expression of Rape Myths by Gender and Greek Life: A Mixed-Methods Study. *Journal of Interpersonal Violence*, 0(0). <https://doi.org/10.1177/08862605251368838>. Advanced online publication.

6. **Nomamiukor, F. O.,** & Wisco, B. E. (2025). Sociocultural determinants of mental health among male sexual trauma survivors. *Journal of Traumatic Stress*, 38(4), 1-13.
<https://doi.org/10.1002/jts.23157>
7. Lopez, A., **Nomamiukor, F. O.,** Heinlein, E. S., & Wisco, B. E. (2025). Social media's impact on rape myth acceptance and negative affect: Moderating roles of political affiliation and gender? *Psychological Trauma: Theory, Research, Practice, and Policy*, 17(Suppl 1), S115–S123. <https://doi.org/10.1037/tra0001861>
8. **Nomamiukor, F. O.,** Smethurst, M. A., Franz, M. R., Hamilton, E. G., Garza, A., Padilla-Medina, D., Davis, M., & Taft, C. T. (2025). Is trauma associated with plant-based diet choice? *Appetite*, 206, 107841. <https://doi.org/10.1016/j.appet.2024.107841>
9. **Nomamiukor, F. O.** & Wisco, B. E. (2024). Social media's impact on rape myth acceptance and negative affect in college women: Examining the #MeToo and #HimToo Movement. *Violence Against Women*, 30(6-7), 1498-1516. <https://doi.org/10.1177/10778012231181045>
10. **Nomamiukor, F. O.,** Suresky, R. E., May, C. L., & Wisco, B. E. (2024). Understanding internalizing and externalizing symptoms in trauma exposed community members. *Psychological Trauma: Theory, Research, Practice, and Policy*, 16(1), 98–106.
<https://doi.org/10.1037/tra0001388>
11. Patel, T. A., Mann, A. J., Halverson, T. F., **Nomamiukor, F. O.,** Calhoun, P. S., Beckham, J. C., Pugh, M. J., & Kimbrel, N. A. (2023). The association of military sexual assault and nonsuicidal self-injury in U.S. Gulf War-I era veterans. *Military Psychology*, 36(5), 525–535.
<https://doi.org/10.1080/08995605.2023.2222630>
12. Wisco, B. E., Vrshek-Schallhorn, S., May, C. L., Campbell, A. A., **Nomamiukor, F. O.,** & Pugach, C. P. (2023). Effects of trauma-focused rumination among trauma-exposed individuals with and without posttraumatic stress disorder: An experiment. *Journal of Traumatic Stress*, 36(2), 285–298.
<https://doi.org/10.1002/jts.22905>
13. Patel, T. A., Mann, A. J., **Nomamiukor, F. O.,** Blakey, S. M., Calhoun, P. S., Beckham, J. C., Pugh, M. J., & Kimbrel, N. A. (2022). Correlates and clinical associations of military sexual assault in Gulf War era U.S. veterans: Findings from a national sample. *Journal of Traumatic Stress*, 35(4), 1240–1251. <https://doi.org/10.1002/jts.22825>
14. Wisco, B. E., **Nomamiukor, F. O.,** Marx, B. P., Krystal, J. H., Southwick, S. M., & Pietrzak, R. H. (2022). Posttraumatic Stress Disorder in US Military Veterans: Results From the 2019-2020 National Health and Resilience in Veterans Study. *The Journal of Clinical Psychiatry*, 83(2), 20m14029. <https://doi.org/10.4088/JCP.20m14029>
15. Pugach, C. P., **Nomamiukor, F. O.,** Gay, N. G., & Wisco, B. E. (2021). Temporal Stability of Self-Reported Trauma Exposure on the Life Events Checklist for DSM-5, *Journal of Traumatic stress*, 34(1), 248–256. <https://doi.org/10.1002/jts.22611>
16. Doghor, O. N., **Nomamiukor, F.O.,** Okotcha, E. N., & Onigu-Otite, E. (2019). Addressing crises in teenage pregnancy. *Adolescent Psychiatry*, 9(2), 69-80.
<https://doi.org/10.2174/2210676609666190531102808>
17. Walker R. L., Talavera, D. C., **Nomamiukor, F.O.,** Madubata, I. J., Alfano, C., & Vujanovic, A. A. (2019). Sleep-related problems and suicide behavior and ideation among Black and White trauma-exposed psychiatric inpatients. *Comprehensive Psychiatry*, 91, 22–28.
<https://doi.org/10.1016/j.comppsy.2019.03.001>
18. **Nomamiukor, F. O.,** Smith, L. J., & Vujanovic, A. A. (2018). Examining associations between sleep disturbance and distress tolerance in trauma-exposed psychiatric inpatients. *General Hospital Psychiatry*, 55, 84–89. <https://doi.org/10.1016/j.genhosppsy.2018.10.002>

** Indicates mentored student or postbaccalaureate/postmaster's trainee*

1. **Nomamiukor, F. O.**, *Salazar-Olivares, F., *Jones, Z. A., Harper, K. L., Collazo, E. N., Ellis, A. E., Simiola, V. L., Cook, J. M., & Livingston, N. A. (under review). Barriers to Help Seeking, Peer Delivered Motivational Interviewing, and Suicidality in Sexual Minority Men with Sexual Trauma: Findings from a Randomized Clinical Trial.
2. **Nomamiukor, F. O.**, Latourette, C., Galea, S., Chartier, K., Spit for Science Working Group, Amstadter, A. B., Bountress, K. (under review) Testing Main and Interaction Effects of Family Risk and Neighborhood Constructs on Posttraumatic Stress Disorder and Alcohol Use Disorder Symptoms.

BOOK CHAPTERS

1. Wisco, B. E., Pugach, C. P., & **Nomamiukor, F. O.** (2020). Sadness and depression in PTSD. In M. T. Tull & N. A. Kimbrel (Eds.), *Emotion in posttraumatic stress disorder: Assessment, neurobiology, and treatment* (pp. 89–109). Elsevier Academic Press.

PROFESSIONAL PRESENTATIONS

** Indicates mentored student or postbaccalaureate/postmaster's trainee*

1. **Nomamiukor, F. O.**, *Alkalay, M., *Kopitsky, M. Collazo, E. N., Huff, A. G., Taft, C. T. Do Longer Intimate Partner Violence Interventions Improve Outcomes? A Meta-Analytic Study. Poster presented at the 41st annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
2. Barden, E., Zegel, M., Dunham, J. **Nomamiukor, F.O.**, Thompson-Hollands, J. Couples' conflict among veterans seeking PTSD treatment. Poster presented at the 41st annual meeting of the International Society for Traumatic Stress Studies, Baltimore, MD.
3. **Nomamiukor, F. O.**, Wisco B. E. (2024, September) Sociocultural Determinants of Mental Health among Male Sexual Trauma Survivors. Poster presented at the 40th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.
4. Kehoe, C. **Nomamiukor, F. O.**, Taft, C. (2024, July) Association of Inattention and Intimate Partner Violence Perpetration Among Male Veterans. Poster presented at the 2024 University of New Hampshire Violence Prevention Research Conference, Portsmouth, NH.
5. Wisco, B. E., Pugach, C. P., **Nomamiukor, F.O.**, May, C. L., Campbell, A. A. (2022, November) Trauma and Cognition: Cognitive Processes in PTSD Risk and Treatment. Symposium presented at the 56th annual meeting of the Association for Behavioral and Cognitive Therapies.
6. *Ellis, M., **Nomamiukor, F. O.**, & Wisco, B. E. (2022, November) Method variance in assessing PTSD symptom clusters among black and white trauma-exposed community members. Poster presented at the 38th annual meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
7. *Priest, S., **Nomamiukor, F. O.**, & Wisco, B. E. (2021, April). Associations between Rape Myth Acceptance, Sexual Trauma History, and PTSD. Poster presented at the Southeastern Psychological Association annual meeting (virtual).
8. **Nomamiukor, F. O.**, Wisco, B. E. (2020, November). Social Media's Impact on Rape Myth Acceptance and Distress in College Women. Poster presented virtually at the 36th annual meeting of the International Society for Traumatic Stress Studies.
9. **Nomamiukor, F. O.**, Suresky, R., May, C., Wisco, B. E. (2019, November). Examining PTSD, risky behavior, and internalizing symptoms among trauma-exposed community members. Poster

presented at the 35th annual meeting of the International Society for Traumatic Stress Studies, Boston, MA.

10. **Nomamiukor, F. O.**, Pugach C. P., Wisco, B. E. (2019, May). Associations among risky sexual behavior, PTSD, and self-blame in trauma-exposed community members. Poster presented at the 31st annual convention of the Association for Psychological Science, Washington, DC.
11. Walker, R.L., Talavera, D.T., **Nomamiukor, F.O.**, Madubata, I., J., Alfano, C. & Vujanovic, A.A. (2019, March). Sleep-related problems and suicide behavior among Black trauma-exposed psychiatric inpatients. Paper presentation at the International Convention of Psychological Science, Paris, France.
12. Bartlett, B. A., Jardin, C., **Nomamiukor, F. O.**, Martin, C., Tran, J. K., & Vujanovic, A. A. (2019, February). PTSD symptomatology and suicidality among firefighters: The moderating role of distress tolerance. Poster presented at the University of Houston Graduate Research Showcase, Houston, TX.
13. **Nomamiukor, F. O.**, Bartlett, B. A., Smith, L. J. & Vujanovic, A. A. (2017, November). Associations between sleep disturbance and distress tolerance in trauma-exposed psychiatric inpatients. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
14. **Nomamiukor, F. O.**, Kratovic, L., Smith, L. J., & Vujanovic, A. A. (2017, October). Script-driven trauma- and drug-related cue reactivity: Examining correlates of script content among inner-city adults with posttraumatic stress and substance use disorders. Poster presented at the 13th annual meeting for University of Houston's Undergraduate Research Day, Houston, TX.
15. Bartlett, B. A., Jardin, C., **Nomamiukor, F. O.**, Martin, C., Tran, J. K., & Vujanovic, A. A. (2017, November). PTSD symptomatology and suicidality among firefighters: The moderating role of distress tolerance. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
16. Smith, L. J., Bartlett, B. A., **Nomamiukor, F. O.**, Tran, J. K., & Vujanovic, A. A. (2017, November). Distress tolerance and sleep disturbance in firefighters: Associations with posttraumatic stress and depression symptoms. Poster presented at the 33rd annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.

TEACHING EXPERIENCE

Empirically Supported Treatments, Department of Psychology, Sam Houston State University <i>Instructor</i>	2025-Present
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Practicum Supervision for Psychological Services Center, Department of Psychology, Sam Houston State University <i>Practicum Supervisor</i>	2026
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Inpatient Psychology, Veterans Affairs Boston Healthcare System
Practicum Supervisor (Provided tiered supervision to a graduate trainee, under the umbrella supervision of Kelly Klein, PhD)

**Research Experience Psychology, Department of Psychology, University of
North Carolina at Greensboro**
Teaching Assistant

Research and Statistical Methods in Psychology, Department of Psychology, University of North Carolina at Greensboro 2020
Instructor

Abnormal Psychology, Department of Psychology, University of North Carolina at Greensboro 2018, 2020
Teaching Assistant

Psychology of Gender, Department of Psychology, University of North Carolina at Greensboro 2018, 2020
Teaching Assistant

Social Psychology, Department of Psychology, University of North Carolina at Greensboro 2018, 2020
Teaching Assistant

GRADUATE STUDENT THESIS AND DISSERTATION COMMITTEES

Dissertation Committee Member 2025-Present
Sara Chaparro Rucobo, PhD Program in Clinical Psychology, Sam Houston State University
“Trauma Assessment in Immigration Evaluations.”

Thesis Committee Member 2025-2026
Jared Grant, MA Program in Experimental Psychology, Sam Houston State University
“Keeping Up with the Conformities: On Developing a Relational Heteronormativity Scale Using a Nationally Representative Sample.”

Thesis Committee Member 2025-2026
Tyler Barnes, MA Program in Clinical Psychology, Sam Houston State University
“Defense Mechanisms and Intimate Relationship Satisfaction in Individuals with a History of Sexual Trauma.”

Thesis Committee Member (Proposal scheduled Fall 2025)
Aaron Vaughan, MA Program in Clinical Psychology, Sam Houston State University
“Personality as a Moderating Factor in the Relation Between Body Image Disturbance and Disordered Eating”

INVITED ADDRESSES

1. **Managing Mental Health During COVID-19.** Invited workshop presented at Bethlehem Baptist Church, Mansfield, TX, 2020.
2. **Graduate Applicant Workshop.** Invited panelist for a discussion on strategies to strengthen applications to clinical psychology graduate programs at the 41st Annual Meeting of the International Society for Traumatic Stress Studies, Baltimore, MD, 2025.
3. **Academic Careers in Psychology.** Invited panelist for a discussion of academic career pathways in psychology at the VA Boston Healthcare System Psychology Postdoctoral Training Program, 2026
4. **Trauma-Informed and Affirming Care for LGBTQ+ Patients in OB-GYN Settings.** Invited lecture on best practices for providing trauma-informed, affirming care to LGBTQ+ patients in obstetric and gynecologic clinical settings. Presented in the Women's Mental Health Fellowship psychiatry program at Baylor College of Medicine, 2026.

LICENSURE

Licensed Psychologist in Texas. License #: 40912	2025-Present
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CLINICAL POSITIONS

Psychological Services Center (Doctoral Training Clinic)	2025-Present
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Clinical Supervisor

Clinical Psychology Doctoral program in the Department of Psychology
Sam Houston State University

VA Boston Health Care System	2024-2025
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Postdoctoral Mental Health Provider

Supervisor: Kelly Klien, PhD

Severe Mental Illness, Inpatient Psychology

VA Boston Health Care System/Boston University/Harvard Medical School	2023-2024
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Psychology Intern

Primary Supervisors: Kelly Klein, Ph.D., Scott Litwack, Ph.D., Barbara Niles,
Ph.D., Eve Davison, Ph.D.

Primary Rotation: Posttraumatic Stress Disorder Clinical Team

Secondary rotations: Severe Mental Illness, Inpatient Psychology

Adjunctive Training Experience: Interdisciplinary Transgender Treatment Team

W.G. (Bill) Hefner Salisbury Department of Veteran Affairs	2022-2023
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Graduate Student Clinician and Assessor

Primary Supervisor: Meghan Cody, Ph.D.

Veteran's Assistance Program, University of North Carolina at Greensboro	2021-2022
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Graduate Student Clinician and Assessor

Primary Supervisor: Blair E. Wisco, Ph.D.

Dream Camp for Youth with Autism, University of North Carolina at Greensboro	2019, 2020
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Graduate Student Clinician

Primary Supervisor: Susan Keane, PhD

University of North Carolina at Greensboro Psychology Clinic	2019-2022
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Graduate student Clinician and Assessor for a Community Clinic

Primary Supervisors: Rosemary Nelson-Gray, Ph.D., Kari Eddington, Ph.D., Susan
Keane, Ph.D.

EDITORIAL EXPERIENCE

Ad hoc reviewer	2022-2026
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Psychological Trauma: Theory, Research, Practice, and Policy

Journal of American College Health

Journal of Behavior

Psychotherapy Research

European Journal of Psychotraumatology

Victims & Offenders

Mentored Journal Reviews 2018-2020
Journal of Consulting and Clinical Psychology
Behavior Therapy

SERVICE

Sam Houston State University 2026-Present
Grant Reviewer, College of Humanities and Social Sciences AI Innovation Grant Program

Sam Houston State University 2026-Present
Committee Member, College of Humanities and Social Sciences Faculty and Staff Awards Committee

International Society for Traumatic Stress Studies (ISTSS)
Student Section Chair 2022-2024
Led and hosted the annual ISTSS Student Luncheon to facilitate networking between students and established trauma researchers and clinicians. Organized year-round programming for student members and engaged the student community through professional development opportunities, newsletters, and social media outreach.

VA Boston Healthcare System
Member, Diversity committee 2023-2024
Member, BIPOC Affinity Group (support group for psychology trainees of color) 2023
Co-Facilitator, BIPOC Affinity Group 2024-2025

Psychology Department, University of North Carolina at Greensboro
Alumni Mentor, PRIME Fellowship Program 2025
Peer Mentor, Next Generation Research Fellowship Program 2019-2023
Member, Diversity Committee 2018-2023

University of Houston
Co-Founder, Co-President, and Director of Volunteer Outreach, Modern Abolitionist Coalition (Anti-human Trafficking Campus Organization) 2017-2018
Member, Psychology Department Diversity Committee 2017
Member, Sexual Violence Prevention and Education Committee 2016

Anti-Human Trafficking Non-Profit Organization
Intern, Free the Captives 2016
Supervised teenage survivors of human trafficking in a summer job program

PROFESSIONAL MEMBERSHIPS

International Society for Traumatic Stress Studies (ISTSS) 2018-Present
ISTSS Student Section Chair 2022-2024

SPECIALIZED TRAINING

Meta-Analysis January 2025
Virtual workshop from CenterStat

Cognitive Processing Therapy 2023-2024
Participated in this two-day workshop as part of the Department of Veterans Affairs' initiative to disseminate empirically supported treatments for posttraumatic stress disorder. Attended weekly case consultation throughout internship.

Structural Equation Modeling
Virtual workshop from CenterStat

2021